

**IPHEPHA LEMIBUZO LASE-HULL YOKUNYUKA KWAMANZI**  
**KUMALUNGU OKUPHEFUMLA**

IGama: \_\_\_\_\_

UMhla wokuZalwa: \_\_\_\_\_ INombolo yeYunithi: \_\_\_\_\_

UMHLA WOVAVANYO: \_\_\_\_\_

Nceda ukhethe eyona mpendulo ifanelekileyo kumbuzo ngamnye

<b>KWINYANGA edlulileyo, zikuchaphazele njani ezi ngxaki zilandelayo?</b>						
<b>0 = akukho ngxaki 5 = bekuqatsele/ bekurhoqo yingxaki</b>						
Ukutsha okanye ingxaki yelizwi lakho	0	1	2	3	4	5
Ukuthinta isikhohlela	0	1	2	3	4	5
Imvakalelo yokuchiphiza ngasemva kwempumlo okanye umqala wakho	0	1	2	3	4	5
Ukutsarhwa okanye ukugabha xa ukhohlela	0	1	2	3	4	5
Ukukhohlela xa uqala ukungqengqa okanye ukugoba	0	1	2	3	4	5
Ukuminxeka kwesifuba okanye ukutswina kwaso xa ukhohlela	0	1	2	3	4	5
Isitshisa, iasidi yesisu eyonyukayo (okanye ngaba uthatha amayeza ale not, ukuba ewe faka inqaku 5)	0	1	2	3	4	5
Ukuchaphaza kwamanzi emqaleni wakho okanye iqhuma emqaleni wakho	0	1	2	3	4	5
Ukukhohlela xa usitya (ngoza usitya okanye kwamsinya emva kwezidlo)	0	1	2	3	4	5
Ukukhohlela xa usitya ukutya okuthile	0	1	2	3	4	5
Ukukhohlela xa uphuma ebhedini kusasa	0	1	2	3	4	5
Ukhohlokhohlo olubangelwa kukucula okanye kukuthetha (ngokomzekelo lwifomunsi)	0	1	2	3	4	5
Ukhohlela kakhulu xa uhleli kunaxa ulele	0	1	2	3	4	5
Incasa engaqhelekanga emlonyeni wakho	0	1	2	3	4	5

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